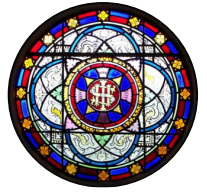




St Anthony's Newsletter Sunday 30th August 2020



Four Steps to overcome Coronavirus

Hand Sanitation
Self Isolation
Two-metre Separation
Don't forget - Spiritual Meditation

MASS TIMES:

St Anthony's Sunday Mass 9.30am

St. Kessog's Sunday Mass 11am

There will Mass on Friday in St Anthony's at 10am and on Saturday in St Kessog's at 10am.

St Anthony's Orchard

Don't forget ... some of the fruit in the orchard is ready! Apples, pears, damsons, windfall plums - watch out for wasps!

Rule of thumb to check fruit is ripe, twist the stalk about 3 times and if the fruit drops off it is ready. Help yourself and enjoy.



Parish Website Goes Live!

Exciting news ... our new parish website is live : <https://parishofstkessog.org/>

A special thank you to Jo for all her hard work collecting and collating information for this. Justyna will be the lead administrator of the website, supported by Jo, Louise and Frances. The website is still evolving and any constructive ideas are welcome.

Social Distancing and Hygiene Guidelines:

The wearing of masks is mandatory.

Parishioners are asked to clean their hands with hand sanitiser on entering the church (this will be provided on the entrance table).

Please take a cleansing wipe (provided) and use it to wipe down any surfaces you have touched before you leave the church.

The toilet should only be used in an emergency.

Please ensure that you are socially distancing from other parishioners.

If you have any symptoms of coronavirus or have been in contact with someone who has symptoms, please stay at home.

The obligation to attend Mass has been suspended.

Those who are shielding should not come to Mass until advised it is safe to do so by the Scottish Government.

Those who are in other vulnerable groups should follow Scottish Government advice when making the decision to come to Mass.

Priest in charge: Fr Jacob Kabamba, St. Kessog's Presbytery. Tel: 01360 770300 email: stkessogs1@gmail.com

Parish Website: www.parishofstkessog.org

Parish Council: Joint Chairmen: Terry Delany (St. Anthony's) & Kevin McCarron (St Kessog's)

Newsletter: Frances Douglas: email: fmdouglas61@icloud.com Mobile: 07901 336305