

16 February 2025

# SAINT KESSOG'S

ONE PARISH - TWO CHURCHES

MASS

SAINT ANTHONY'S  
SUN | 9.30AM

SAINT KESSOG'S  
SUN | 11.00AM

SIXTH SUNDAY IN ORDINARY TIME (YEAR C)

## Focus on God and His holy will

Our Gospel this Sunday is Luke's account of the Beatitudes. It is shorter than Matthew's version (cf. Matt. 5:1-11) and unlike Matthew's version includes 'the woes'. Saint Bede, an early Church Father, provides insightful commentary on Saint Luke's version of the "woes." He explains that these warnings are directed towards "uninstructed hearers" who need the motivation of fear to lead them to good works. On the other hand, the "blessings" in the Beatitudes are aimed at the "perfect," who are encouraged by the promise of rewards rather than the fear of punishment. This dual approach in Saint Luke's teachings indicates that both sinners and saints can benefit from his message.

When your spiritual life is strong and you consistently avoid serious sin, reflecting regularly on the blessings found in the Beatitudes can be more helpful. This practice can draw you into greater perfection, as the desire for the reward of holiness becomes the focal point of your hope.

Conversely, when your spiritual life is weaker and you struggle with more serious sins, reflecting on the woes of the Beatitudes can be beneficial. The fear of the consequences of sin can deter you from a cycle of sin and motivate you to strive for better.

Ultimately, the Beatitudes and their accompanying woes are designed to turn our focus inward, towards the desires of our hearts. It is essential to become increasingly aware of what occupies our thoughts and desires. In the grand scheme, wealth or poverty, hunger or satisfaction, worldly praise or persecution are insignificant. What truly matters is that our hearts are detached from these worldly desires, enabling us to focus solely on God and His holy will, regardless of our life circumstances.

**Fr. John Adesotu**

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[www.parishofstkessog.org](http://www.parishofstkessog.org)

[facebook.com/stkessogs](https://facebook.com/stkessogs)

## THANK YOU

### Last Sunday's cash collection

SAINT ANTHONY'S	SAINT KESSOG'S	TOTAL
<b>£117.50</b>	<b>£356.50</b>	<b>£474.00</b>

We also thank those who donate by direct debit.





## Sick and Homebound

A list of the sick and homebound is being compiled for special prayers during Mass and for a potential visit by Fr. John. Kindly submit all names to Fr. John. For sick calls, please contact Fr. John at 07916 797027.

## MASS FOR THE SICK

**This month Mass for the sick comes up at St Kessog's on Friday February 28 at 6.30pm. If you have friends who you want prayed for at the Mass, you can obtain Mass cards from the parish, signed and sent to them to let them know we are going to be praying for them.**



## Pro Life Talk

Paul Aitken from the Pro Life Office is scheduled to deliver a brief talk to the Parish this Sunday 16th February after Mass.

## St Anthony's **SIDE CHAPEL PROJECT**

Work will start in a couple of weeks on the Side/Cry chapel. This requires the room to be free of everything. On a couple of benches there are religious books for adults and children, vases, toys and quite a few folders, A4 paper and poly pockets. Please have a peruse and if you want an item/book take it but, if possible, leave a small donation that will go towards the cost of the repairs in the side chapel. We thank those who have donated towards raising 15% of the total cost for the project. Donations can be made to:

**ROYAL BANK OF SCOTLAND, ARCHDIOCESE OF ST. ANDREWS  
& EDINBURGH ST KESSOGS BLANEFIELD, ACCOUNT NUMBER:  
10423646, SORT CODE: 83-06-08**



## Rosary Prayer

Rosary prayer before Christ exposed in the Blessed Sacrament, takes place daily before every mass. You are invited to join in praying for our parish community, families and all who are sick amongst us.

## RETURN: A day to help you get back to Confession

If you have not been to confession for a while, want to learn more and go to confession, come to this event. The day includes talks, a how-to session, Q&A, prayer, and a chance to receive the Sacrament of Reconciliation. It takes place from 10am-4pm on **Saturday 8 March** at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB. Register on Eventbrite at [bit.ly/return2025](https://bit.ly/return2025)

## SACRAMENTAL PREPARATION CLASSES

Sacramental Preparation Classes will begin on **9 February**.

The normal age for receiving the sacrament is:

- First Reconciliation (P3 and upwards)
- First Holy Communion (P4 and upwards)
- Confirmation (P7 and upwards)

This year the celebrations will take place as follows:

- **First Reconciliation Service:** Tuesday 25 March, 7pm
- **First Holy Communion:** Saturday 31 May, 10am
- **Confirmation:** Wednesday 28 May, 7pm at St. Machan's Lennoxtown

If you would like your child to join the classes and prepare to receive these sacraments, please contact Fr. John or one of our parish Catechists – Anne, Sara and Louise:

**[louise.young1979@outlook.com](mailto:louise.young1979@outlook.com)**



## 'Hope Eternal': A concert of beautiful choral music by the Schola Cantorum

On Monday **17 February** at 7:30pm St Mary's Catholic Cathedral's celebrated Schola Cantorum will perform a hope-filled concert of choral music at Our Lady of Loretto and St Michael Church, Musselburgh.

All are welcome, and all proceeds will help to support the choir's singing at Scots College Ordinations in Rome in May 2025. Tickets are £10 / £8 concession, available from Eventbrite or on the door:

<https://tinyurl.com/hopeschola>

## Workshop for Children's Liturgy Leaders

If you are involved with Children's Liturgy in your parish, the Archdiocesan Catechetics Commission invites you to The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB, for a workshop on Children's Liturgy of the Word. The day takes place on **Saturday 22 February** from 9:30am-12:00pm and will include Mass, discussion groups, a presentation on resources, and a presentation on the Liturgy of the Word within Mass. Registration and full event schedule at <https://forms.office.com/e/yRxbsj5kL>

## Healing after abortion

A Rachel's Vineyard retreat for spiritual and emotional healing after abortion will be held north of Glasgow on **Friday, 21 to Sunday 23 March**. This confidential, supportive retreat is powerful for anyone who has been affected by their own or someone else's abortion experience. For more information, please call/text Sr Andrea on 07816 942824 or email at [sisterandrea@rachelsvineyard.org.uk](mailto:sisterandrea@rachelsvineyard.org.uk)  
For details, see [www.rachelsvineyard.org.uk](http://www.rachelsvineyard.org.uk)



# WEEK AHEAD

16 - 23 February 2025

	Sun   16	Mon   17	Tue   18	Wed   19	Thu   20	Fri   21	Sat   22	Sun   23
<b>Saint Anthony's</b>	<b>9.30am</b>	<b>10am</b>						<b>9.30am</b>
<b>Saint Kessog's</b>	<b>11am</b>			<b>10am</b>	<b>10am</b>	<b>10am</b>	<b>10am</b>	<b>11am</b>
Feast/Event	6th Sun 'C'	Elisabetta Sanna	Bl. Fra Angelico		St Jacinto	St Peter Damian		7th Sun 'C'

*Please join us with your family and friends for Mass*

For a full list of forthcoming events in the Archdiocese visit  
<https://archedinburgh.org/news-events/>

## PARISH BULLETIN

If you have any news you would like included in our Sunday Parish Bulletin, please email it to [stkessogparish@gmail.com](mailto:stkessogparish@gmail.com). You can find this Bulletin and previous ones at

[www.parishofstkessog.org](http://www.parishofstkessog.org)

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Please contact  
 George Edwards

07866 683172

[geojoedwards@yahoo.com](mailto:geojoedwards@yahoo.com)

## PARISH CENSUS

In order, to function well as a Parish it is important that we have up to date contact details for all our parishioners. Please take a few minutes to complete the registration form on the website:

[www.parishofstkessog.org](http://www.parishofstkessog.org)

see the 'Connect' section, under 'Welcome'.

## Celebrations in the Parish

If you have a special event to celebrate, such as a birthday, wedding anniversary, or memorial for a departed loved one, and would like to share it with other parishioners by having it included in the bulletin, please email [stkessogparish@gmail.com](mailto:stkessogparish@gmail.com)